

Dish	Milk / Dairy	Nuts	Gluten	Eggs	Soy	Mustard	Sesame	Sulphites	Notes
Chettinad Chicken	✓	✗	✗	✗	✗	✗	✗	✗	Contains cream/ coconut milk
Chicken Tikka Masala	✓	✗	✗	✗	✗	✗	✗	✗	Contains cream/ yoghurt
Garlic Chilli Chicken Curry	✗	✗	✗	✗	✗	✗	✗	✗	None
Madras Chicken Curry	✗	✗	✗	✗	✗	✗	✗	✗	None
Malvani Chicken Curry	✗	✗	✗	✗	✗	✗	✗	✗	Coconut milk
Lamb Bhuna	✗	✗	✗	✗	✗	✗	✗	✗	None
Lamb Karahi	✗	✗	✗	✗	✗	✗	✗	✗	None
Lamb Vindaloo	✗	✗	✗	✗	✗	✗	✗	✗	Vinegar used
Paneer Butter Masala	✓	✗	✗	✗	✗	✗	✗	✗	Contains paneer & cream
Kohlapuri Paneer	✓	✗	✗	✗	✗	✗	✗	✗	Contains paneer
Daal Makhni	✓	✗	✗	✗	✗	✗	✗	✗	Contains butter/ cream
Keralan Sambar Daal	✗	✗	✗	✗	✗	✗	✗	✗	None
Vegetable Pakora	✓	✗	✓	✗	✗	✗	✗	✗	Gram flour + yoghurt in batter

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Chicken Pakora	✓	✗	✓	✗	✗	✗	✗	✗	Gram flour + yoghurt in batter
Vegetable Samosa	✓	✗	✓	✗	✗	✗	✗	✗	Wheat pastry + possible dairy in filling
Tandoori Chicken Tikka	✓	✗	✗	✗	✗	✗	✗	✗	Yogurt marinade
Tandoori Paneer Tikka	✓	✗	✗	✗	✗	✗	✗	✗	Yogurt marinade
Calcutta Chicken Biryani	✓	✗	✓	✗	✗	✗	✗	✗	Contains ghee/ cream & basmati rice
Paneer Biryani	✓	✗	✓	✗	✗	✗	✗	✗	Contains ghee/ paneer & basmati rice
Jeera Rice	✗	✗	✗	✗	✗	✗	✗	✗	None
Boiled Rice	✗	✗	✗	✗	✗	✗	✗	✗	None
Plain Naan Bread	✓	✗	✓	✗	✗	✗	✗	✗	Contains wheat & dairy
Gulab Jamun	✓	✗	✓	✗	✗	✗	✗	✗	Milk solids, wheat flour
Boondi Raita	✓	✗	✓	✗	✗	✗	✗	✗	Yogurt + gram flour boondi